Sam's Seafood Holdings lin

(ABN 45.098 448 269)

Office Address: 15 Hercules St, Hamilton, Qld 4007, .

Postal Address: PO Box 393 Hamilton, Qld 4007, Australia

Telephone: 61-7-3633 4700

Fax: 61-7-3268 5231

Email: ken@sams.com.au

04/10/04

Securities and Exchange Commission Judiciary Plaza 450 Fifth Street Washington DC, 20549 United States of America

Dear Sir/Madam,

82-34648

RE: SAM'S SEAFOOD HOLDINGS LIMITED - File Number: 82-34649

Please refer to the attached Market Announcement that we have disclosed to the Australian Stock Exchange on 04/10/04 for your reference pursuant to Section 12g3-2(b) file number 82-34649.

Should you have any questions in relation to the above, please do not hesitate to contact me.

Yours sincerely,

Ken Situ

Company Secretary

Sam's Seafood Holdings Limited

OCT 2 0 2004

SECURITIES & EXCHANGE COMMISSION OFFICE OF INVESTOR EDUCATION & ASSISTANCE

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OCT 22 2004 /

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SAM'S SEAFOOD HOLDINGS LIMITED

43 Holt Street, Eagle Farm, Qld 4009 PO Box 393, Hamilton, Qld 4007, AUSTRALIA Phone: 07 3131 4100, Fax: 07 3268 5231

ABN: 45 098 448 269

E-Mail: info@sams.com.au

4 October 2004

Company Announcement Office The Australian Stock Exchange Limited

CHANGE IN SUBSTANTIAL HOLDING

Mrs. Tania Maree Noutsatos, increased her relevant interest in Sam's Seafood Holdings Limited on 1/10/2004, from 4,702,390 ordinary shares (19.33%) to 5,227,390 ordinary shares (21.49%).

Ken Situ **Company Secretary**